

# HELP YOUR EMPLOYEES STAY AT WORK



**A medical or behavioral health condition could lead an employee to file a disability claim.**

**The PSET Program offers the resources employees need to stay at work or return to work.**

## What is the Stay at Work benefit?

The Stay At Work benefit provides assistance to employees insured under the PSET program who experience a disability that may threaten their employment. This benefit helps employees to keep working and avoid a long-term disability claim.

With this benefit, professional case managers work with the employee, their healthcare providers, and the employer to help keep employees at work safely and productively.

## This benefit provides:



**A Reasonable Accommodation Expense Benefit for case management, personalized equipment, and other costs.**



**Proactive disability management program that provides a behavioral health case manager, nurse or vocational specialist to work directly with the employee**



**Connection to resources, disease management, and wellness programs offered by the employer.**

**PSET is proud to offer this valuable benefit as part of your Long Term Disability plan.**



To learn more about the PSET program and covering your employees with the Stay at Work benefit



**Call : 206-236-6480**



**Email: [info@profbc.com](mailto:info@profbc.com)**



# Examples of how this benefit can be utilized

## Returning to Work: Helping an employee who struggles with a behavioral health issue

An employee diagnosed with an anxiety disorder began to suffer from stress, crying spells, sleep disturbances, and problems with concentration. Unfortunately, the health concerns became too much to manage, forcing the employee to put her work on pause to enter full-time treatment.

Upon hearing of the employee's situation, the employer referred the case to the PSET Stay at Work program. A Stay at Work consultant then reached out to the employee to provide support and encouragement, while also coordinating a return to work plan. Once a plan was put in place that wouldn't interfere with her recovery, the employee was able to successfully return to work with minimal time away.

## Staying at Work: Assisting an employee with a hearing impairment

A employee with a hearing impairment was having difficulty hearing phone conversations while at work. After meeting with a Stay at Work consultant, an ergonomic assessment was completed to identify the best methods for overcoming the employee's challenges. It was determined that the implementation of an amplified stethoscope and earpiece would be beneficial, enabling the employee to remain productive at work.

## Diagnoses that may be addressed with the Stay at Work benefit:

- Bone, Joint & Muscle Disorders
- Severe & Chronic Back Pain
- Behavioral Health & Anxiety Disorders
- Chronic Migraines
- Sight & Hearing Impairments